

Martial Arts MADNESS camps

Need something different to do this summer? Why not participate in the best Martial arts camp in town? Bring your friends and enjoy a whole week of FUN and EXCITEMENT!

- Children ages 7 to 13 of all fitness levels, build strength and confidence while training in a variety of martial arts (Brazilian Jiu Jitsu, Muay Thai, Yu Shin Do and MMA).
- The NOMDAAA program offers benefits such as improved concentration, discipline, self-esteem and respect, in a safe, unique and fun manner.
- Friday will be concluded with a mini-tournament and an award ceremony.
- Learn from the best. Richard Nancoo, Sudbury’s only BJJ black instructor, Yves Charette, professional trainer for UFC© athletes, Mitch Gagnon Sudbury’s Only UFC© Fighter and other special guest.

All of our program directors have several years of experience in martial arts, academic qualifications and are enthusiastic leaders. Supervision is provided for all participants at all times.

Drop off and pick-ups	Program Cost
Drop off time: between 8:30 to 9:00 Pick-up: between 4:30 and 5:00	NOMDAAA’s member: ➤ \$130 weekly +HST ➤ \$35 daily +HST
***Early drop off and late pick available (inquire for cost and details)	Non-member: ➤ \$150 weekly +HST ➤ \$40 daily +HST
	Daily participation is available Monday to Thursday only
Clothing requirements: <ul style="list-style-type: none"> • Clothing for active play • Indoor shoes • Hat and sun screen 	What to bring : <ul style="list-style-type: none"> • NUT FREE lunches, snacks • Bottle of water • Microwave is available
Children are welcome to bring CD’s, movies, games and toys.	

Limited space available register early

Martial Arts MADNESS registration form 2012

Please check off the week or the days your child will be attending

Week 1: The Secret training of a Korean Warrior. Learn Self-defense, Forms and Weapon. Complete your journey with a mini-tournament and a board breaking experience.

- All week - July 2-6
 Daily – July 2; July 3, July 4, July 5

Week 2: Become a Nak Muay (Muay Thai athlete) and learn the art of 8 limbs. Make your own Pra jiad (armbands) and wear it while performing the Wai Khru before competing.

- All week - July 9-13
 Daily – July 9; July 10, July 11, July 12

Week 3: **Brazilian Jiu Jitsu**, the game of human chess. . Develop strategies to know when and how to overcome bullies by learning with Sudbury's **only** qualified BJJ black belt.

- All week - August 20-24
 Daily – August 20; August 21, August 22, August 23

Week 4: Martial arts of the World. Travel through time with us and discover some of the best martial arts from every corner of the world.

- All week - August 27-31
 Daily – August 27; August 28, August 29, August 30

I **currently have a membership** at NOMDAAA. Payment calculation:

\$130 X _____ weeks, \$35 X _____ individual days = _____ + hst = _____

I **am NOT a member** at NOMDAAA. Payment calculation:

\$150 X _____ weeks, \$40 X _____ individual days = _____ + hst = _____

First Name: _____ Last Name: _____

Date of Birth: _____ Age: _____ Male/ Female

Parent/Guardian's name : _____

Address: _____ City: _____ Postal Code: _____

Phone number: _____

Health Card No. _____

Emergency Contact: (Name and phone number) _____

Please describe any allergies or medical conditions:



Consent

I am aware that there are physical risks and hazards inherent in participation in a martial arts, training classes which include but are not limited to:

- Muscular injuries resulting from vigorous physical exertion, rapid movements and quick turns and stops,
- Injuries to the eyes, teeth, face and other parts of the body resulting from being hit
- Bruises, scrapes and other injuries resulting from falling to the floor or fighting with other participants,

By participating in this martial arts class, my child/ward _____ is exposed to these risks. I agree to accept these risks and to release the organisers of responsibility for any injuries I might receive while participating in the martial arts class. In this agreement I understand "organisers" to include NOMDAAA, Apex Martial Arts Academy and Team Shredder's associations, owners/operators of the facility where the event is being held, sponsors and each of their respective directors, officers, employees, coaches, officials, volunteers and members.

PICTURES AND VIDEO

We take pictures/videos during camps. We would like to use some of those pictures/videos on our web site or for other promotions. May we have your permission to use video/pictures that includes your child?

_____ Yes, I give permission to use pictures/videos that have my child

_____ No, please do not use any pictures/videos where my child is recognizable.

I acknowledge having read and understood the terms of this agreement, including the descriptions of risks.

I hereby consent to my child/ward's participation in NOMDAAA activities.

Name of Parent/Guardian

Signature of Parent/Guardian

Date

